

The Healthy Four Bingo Presentation

Davis Bean, John Marra, Alex Raudales, Keaton Ellis



Participate in a group fitness challenge



- For our fitness challenge we chose to walk a mile because we did not want to do anything strenuous for our groupmate Vincent Marra.



Pet Therapy

We were unable to attend a therapy session as a group, so we decided to make our own with our personal pets. We went through telling each other about our own pets and how they make us feel joy and calm in stressful situations. Along with also a picture to show how loving they are.






Organize a group study session


- We planned a study session in the
common room of Wright and Heritage

7:01



Wellness playlist

 Db + 3 others

 3 saves • 59min



Add to this playlist

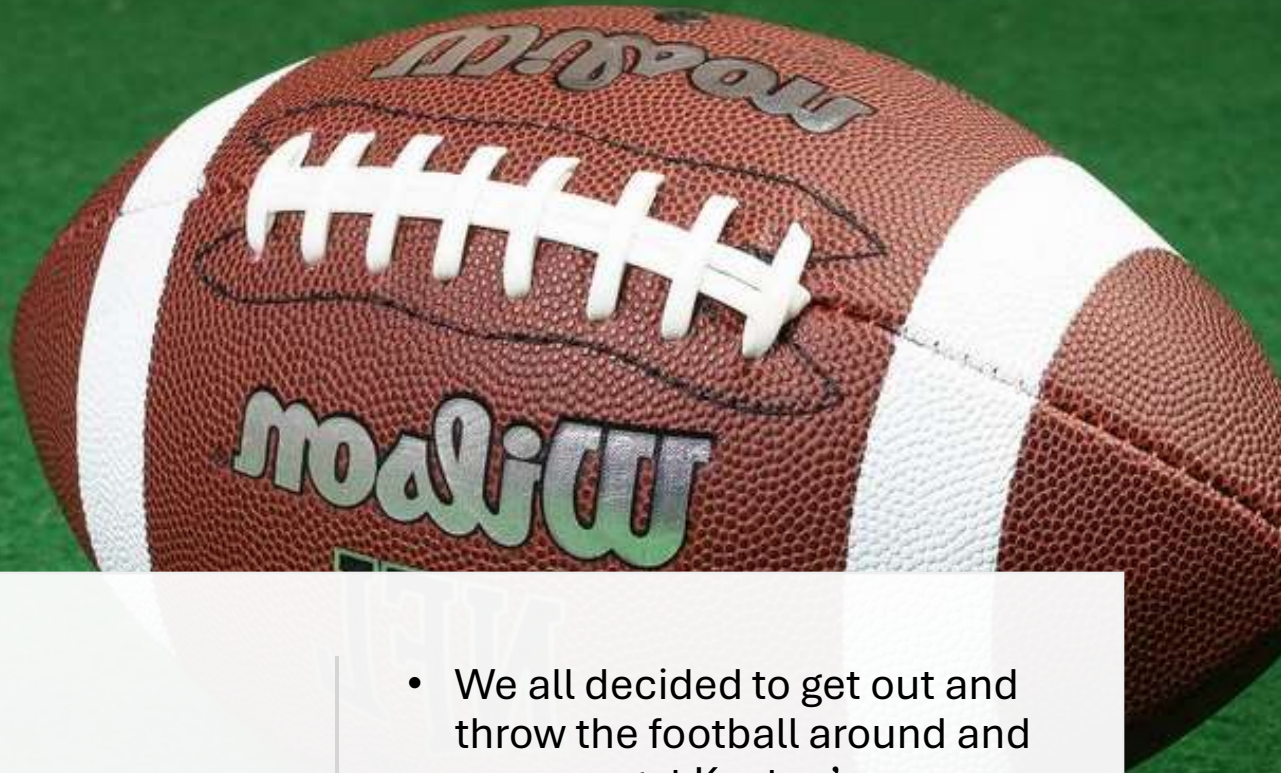


Stargazing
Myles Smith



Spotify Playlist

- We created a playlist and throw in songs that we all enjoyed listening to that put us in a good mood



Outdoor Game

- We all decided to get out and throw the football around and we even got Keaton's roommates to join us in passing the ball out on the soccer field behind Mckinney.

